

# September 2022

August '22							October '22						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6							1
7	8	9	10	11	12	13	2	3	4	5	6	7	8
14	15	16	17	18	19	20	9	10	11	12	13	14	15
21	22	23	24	25	26	27	16	17	18	19	20	21	22
28	29	30	31				23	24	25	26	27	28	29
							30	31					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12 Open Gym 7:00-8:15	13	14	15 Open Gym 7:00-8:15	16	17
18	19 Open Gym 7:00-8:15	20	21	22 Open Gym 7:00-8:15	23	24
25	26 Open Gym 7:00-8:15	27 Conditioning 3:15-4:00	28	29	30	1
2	3	Notes				